



Alma McFadyen House Newsletter

May 2019

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Summer Fete

We will be holding our annual Summer Fete on Sunday 23rd June. We would appreciate if you could support us on the day by attending. Donations such as, bottles, raffle prizes and home baking would be grateful. Raffle tickets will be sold from Monday 17th June. Please see poster around the home to see what we have planned for on the day. Any suggestions to make our day more successful, please speak to staff.



Grounds & Gardens

As you are all probably aware, Alan has spent a lot of time making a start on our garden for what will hopefully be a long hot summer. We have spent a lot of money on new plants, hanging baskets and pots along with some new ornaments. We will continue to work on the gardens and grounds throughout the month of June. If you have any suggestions on how we can improve our outdoors please speak to a member of staff. When we get another spell of warmer weather we plan to encourage our residents to pot the remaining flowers for the garden then they can help Alan with maintaining them throughout the summer.

Refurbishment Work

We are finally able to inform everyone that we have had the go ahead to start refurbishment works on some of our bedrooms. We will be making 3 bedrooms into en-suites and lowering the floors on the upper floors to remove stairs into the bedrooms and moving and restructuring the fire exit. We have yet to have an official start date on the works, we will be sure to keep everyone updated with the progress.

Staff Training

Jacqueline attended a 4 day Moving & Handling Train The Trainer course in the month of May. Jacqueline is now fully trained to train staff on the safe measures of Moving & Handling of our residents.

Kari & Sam have been working hard and have almost completed their SVQ 3 in Health & Social Care.

A number of Care Assistants have also attended Dementia Awareness & Continence Promotion Training this month

Gone but Not Forgotten

It is with a heavy heart that we had to say goodbye to Ann who sadly passed away this month in hospital.

New Resident

We would like to welcome our new Resident John to our family. John moved into Alma House on 16th May. We hope John enjoys his time in Alma House.



Events

Visits from Birchvale Nursery

As you all may be aware with recent news articles, there are many benefits for the elderly to interact with younger children. We have been working with Birchvale Nursery in Dalbeattie and we are very pleased we have managed to arrange for the Nursery to visit Alma House every Tuesday morning between 10-11am. We are currently on week 5 and already seeing so many benefits from both residents and the nursery children. Residents are thoroughly enjoying reading stories and playing various games with the children. We are all looking forward to our planned events for June with the children.



Dining Al Fresco

Some of our residents enjoyed having their meals outside when the weather was nice at the beginning of the month.



Tea Dance

On Friday 24th May some of our residents enjoyed attending the Tea Dance at the Usual Place in Dumfries. The feedback we go was really good, we will be certainly attending again. The residents enjoyed dancing the afternoon away.

Contact Information

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Happy with our care
& Support



Care Home Rating

Thank you to everyone who has completed a Carehome.co.uk postal card, we are so grateful for the kind comments. We are pleased to inform you all that our rating has gone from 7.5 to 9.8. If any family member or relative would like to complete one, please collect from the front entrance.

