



BONCHESTER BRIDGE CARE CENTRE **MONTHLY NEWSLETTER**

January 2019

Well what a month it has been! Jayne and I would like to thank everyone for being so supportive and welcoming for our first month at Bonchester Care Centre. We both feel we are part of the Bonchester family!

We are still recruiting for a permanent manager and the applications are currently being moved to the second stage of interviews. I am still trying to remember names so please feel free to stop and introduce yourself if you see me!

Next month we are hoping to receive a run around car ready to get us out and about in the summer we just have to plan the collection as it is coming from Lamancha near Peebles.

This month we have had some fun when we purchased a new Amazon Fire Stick. Karaoke, old rugby matches and catching up on the news has been great!

Our News in Pictures

Lorna has been busy with foot spas and pampering and there were a lot of residents who enjoyed this.



Our weekly fit borders programme is continuing to go well and Denise visits every other Tuesday to carry our chair based exercise for those that wish to attend, we can certainly see a difference in co-ordination even the staff join in!



Reminiscence Games have also been popular this month with residents enjoying the discussion about bath times and school milk.



That's our January thank you again we're all looking forward to what's going to be happening in the coming months.