



OUR MENUS

nutritious & delicious

typical daily servings

Monday's Lunch Dishes

- Pork and Bean Casserole
- Braised Steak in Rich Onion Gravy
- Potato Wedges
- Steamed Leeks and Broccoli
- Plum Crumble and Custard

Tuesday's Lunch Dishes

- Cottage Pie
- Poached Fish
- Mashed Potatoes
- Mixed Vegetables and Cauliflower
- Lemon Cheesecake

Wednesday's Lunch Dishes

- Roast Chicken with Sage and Onion Stuffing
- Spaghetti Bolognese
- Roast Potatoes
- Carrots and Sweetcorn
- Apple Sponge with Vanilla Sauce

Thursday's Lunch Dishes

- Beef Bourguignon
- Turkey in Cheese and Leek Sauce
- Mashed Potatoes
- Cauliflower and Cabbage
- Bananas and Custard

Friday's Lunch Dishes

- Fried Fish
- Chicken Tikka Masala
- Chipped Potatoes
- Mushy Peas or Garden Peas
- Cherry Pie and Custard

Saturday's Lunch Dishes

- Chicken and Ham Pie
- Pork Steaks
- New Potatoes
- Carrots and Diced Swede
- Pear Sponge with Chocolate Sauce

Sunday's Lunch Dishes

- Roast Beef with Yorkshire Pudding
- Roast Potatoes
- Buttered Cabbage and Green Beans
- Mixed Fruit Crumble and Custard

Monday's Tea Dishes

- Cheese and Crackers
- Ploughman's or Sausage Roll and Salad
- Marble Cake

Tuesday's Tea Dishes

- Cooked Ham and Beans
- Jacket Potato with Various Fillings or Pasta Bake
- Chocolate Mousse

Wednesday's Tea Dishes

- Fishcake with Peas
- Selection of Sandwiches or Bacon and Tomatoes
- Orange Drizzle Cake

Thursday's Tea Dishes

- Bacon Sausages and Tomatoes
- Quiche and Salad or Omelette and Salad
- Sultana Cake

Friday's Tea Dishes

- Cheese and Onion Bubble & Squeak
- Something on Toast or Corn Beef Hash
- Fruit Flan

Saturday's Tea Dishes

- Sardines on Toast
- Selection of Sandwiches or Toasted Crumpets and Tea Cakes
- Ginger Cake

Sunday's Tea Dishes

- Fried Egg and Waffles
- Buffet
- Banana and Strawberry Salad

The above menu is a sample from our Ridgeway home. Each dish is prepared fresh from locally sourced ingredients of the highest standards and with key nutritional targets in mind. Our guests are centric to these menus and we rotate dishes to suit their popularity.